



WHAT IS AN ANKHKASTA HEALTH CONSULTATION?

An Ankhkasta health consultation is a non-invasive assessment of the organs of the human body as well as the ailments that the body may be dealing with, which is conducted in accordance with traditional African healing methods. Ankhkasta health consultations are performed by expert healers and/or their apprentices that have studied in Africa and continue to apprentice directly from master African healers. Our healers use all-natural, all-organic herbal remedies which are comprised of various barks, roots and herbs mostly from Burkina Faso and Togo. These remedies are meant to clean and restore balance to the organs so that they are able to function at their greatest capacity.

You can find out about and resolve your:

- Blood pressure issues (high/low)
- Heart, liver, kidney and pancreas dysfunctions
- Sexual issues
- Digestive issues (reason for stomach aches, bloating, etc.)
- Headaches
- Vision issues
- ...and more!

FAQs

Q: What happens during the consultation?

A: After filling out a consultation form with your personal information you will sit down with one of our healers. They will then begin to check your temperature, blood and organs (using their hands), then ask a series of questions regarding your health. Once this process is complete they will provide you with a synopsis of your health and suggest what remedies you should take in order to cleanse and/or restore any organs or body systems.

Q: What's the difference between a "healer" and a doctor?

A: Our healers are continuing a long tradition of healing that has been passed down in Africa for millennia. In this tradition the goal is to preserve life and is done through administering different pastes and teas which are all provided by the Earth. Our healers are also trained to provide a synopsis of the body as a whole entity and can thus see how different organs interact and affect each other. However, in modern medicine doctors typically specialize in one organ or ailment and may not see how treating one single organ will affect the other organs of the body.

Q: Does the healer use any machines or instruments?

A: No. Aside from the questions they ask, healers only use their hands to perform the assessment.

Q: Does it hurt?

A: Depending on the state of your organs, you may feel pain while the healer is using their hand/s to check them.

Q: Do I need to fast or prepare anything else beforehand?

A: You do not need to fast, but it's recommended that you don't eat directly before your consultation. If you are taking pharmaceuticals, vitamins or other herbal supplements then please bring the list with you. If you've had any surgeries or medical operations then please bring the dates and details, and be prepared to speak about them.

Q: Do you see people with more serious health issues such as diabetes or cancer?

A: Yes, any person with any health issue is welcome to come in for a consultation. Since we are in the United States and are limited with our resources (there are some herbs that we don't have available in the U.S.), if the issue is one that can't be dealt with here then we may suggest that you spend time at our healing center in Togo, West Africa, where your situation will be dealt with directly from traditional African healers. To find out more please call one of our locations or visit: <http://theearthcenter.org/projects/healing-center/>

Q: How long does the consultation last?

A: Consultations typically last 45 mins. - 1 hour.

Q: How much does it cost?

A: Initial consultations are \$150, while the remedies are a separate price. Prices for follow-up consultations vary according to how soon after the initial consultation you have them:

3 month follow-up: \$30

6 month follow-up: \$60

9 month follow-up: \$90

Consultations that take place over 9 months after the initial are the full \$150 fee.

Q: Do you take insurance?

A: At this time we currently do not take any forms of insurance.

Q: Do you offer payment plans?

A: Yes, we offer weekly, bi-weekly and monthly payment plans which can be worked out after your consultation is complete.

Q: How do you make an appointment?

A: You can schedule an appointment by calling any of Ankhkasta's locations which have a healer or apprentice on-site (currently Chicago, Baltimore and Montreal).

Q: I don't live near an Ankhkasta location that has a healer or apprentice on-site. What can I do?

A: Ankhkasta Natural Healing does not currently offer remote consultations (except under special circumstances) so you would have to travel to one of our locations for a consultation, or you could wait until one of our healers visits a location near you. Please contact us for more details.

Q: Why do I need a health consultation?

A: Ankhkasta health consultations provide you with an overall synopsis of what's happening inside your body--why you keep having stomach aches, how your blood pressure is, the reason for your headaches, etc. Unlike modern medical methods where one doctor only specializes in one organ or issue, our healers provide you with an assessment of every major organ in your body. So, you won't have to see several different doctors. Our consultations are also all-natural and non-invasive.

Q: If I already had a consultation then do I need another one?

A: Yes. We recommend receiving follow-ups every 6 months-1 year. Depending on your healer's assessment, you may need to come more often for follow-ups.